

Jonathan M. Spitz, Psy.D.

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Illinois License No. 071.009104, New York License No. 020333

EDUCATION

- Psy.D., 2010 **The Chicago School of Professional Psychology**
Psy.D. in Clinical Psychology (Fully Accredited by the American Psychological Association)
Concentration: Multicultural / Community
- M.A., 2007 **The Chicago School of Professional Psychology**
M.A. in Clinical Psychology
- B.S., 2005 **University of Illinois at Urbana-Champaign**
B.S. in Liberal Arts & Sciences, Major in Psychology

ADDITIONAL EDUCATION & CLINICAL TRAINING

- 2015 **International Association of Trauma Professionals, Online**
Postgraduate Certificate in Clinical Trauma
- 2010 **New Mexico State University, Las Cruces, NM**
Predoctoral Intern, Counseling Center
- 2009 **Naomi Ruth Cohen Institute for Mental Health Education, Chicago, IL**
Fellow, NRCI
- 2009 **Elmhurst College, Elmhurst, IL**
Advanced Doctoral Psychotherapy Extern, Counseling Services
- 2008 **Lawndale Mental Health Center, Chicago, IL**
Doctoral Psychotherapy Extern
- 2007 **Beckstrand-Stout Assessments, Kildeer, IL**
Doctoral Psychological Assessment Extern

CURRENT EMPLOYMENT

Elmhurst College, Elmhurst, IL
Staff Psychologist, Part-Time, Counseling Services

2015 – Present

Independent Practice, Chicago, IL 2015 – Present

PREVIOUS EMPLOYMENT

City University of New York – College Of Staten Island 2012 – 2015
Staff Psychologist, Part-Time, Counseling Center

Diagnostics, LLP, New York, NY 2011 – 2015
Psychologist, Group Practice

Vive Family Support Program, New York, NY 2011 – 2015
Therapeutic Mentor

PROFESSIONAL MEMBERSHIPS

American Psychological Association, 2005- Present

Society for Humanistic Psychology, Division 32

Psychologists in Independent Practice, Division 42

Illinois Psychological Association, 2015- Present

New York Psychological Association, 2011-2015

RESEARCH

Dissertation: Defended June 2009

Chair: Larisa Buhin, Ph.D., Committee: John Shustitzky, Ph.D.

*“Lessening the Impact of the Stigma of Mental Illness Within a Young Adult
African American Male Culture: A Strategic Intervention”*

Description: Qualitative study examining the stigma of mental illness, various anti-stigma campaigns, and recommendations on how to access and engage the target population in a culturally sensitive manner.

Research Assistant, University of Illinois at Urbana-Champaign
Beckman Institute for Advanced Science and Technology

Description: Researched psycholinguistic and cognitive theories to explore the brain processes that turn thought into speech.

Kathryn Bock, Ph.D., Language Production Lab, 2003 – 2004

LICENSURE

Licensed Clinical Psychologist

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